

February 2018 School Trip



Austria

For more information Contact Mr Hamnett

Please leave a contact name and number if he is not available

# Skiing & Snowboarding

## Information about your school trip



## PGL - a name you can trust

We want you to be confident that your teacher has chosen to book your trip with the very best. Established in 1957, PGL now leads the market in outdoor education and operates top quality, reliable ski trips to Europe and the USA.

We are trusted by 7,000 schools and groups each year because we offer the best - and our ski trips are simply second to none.

This leaflet is designed to reassure you and provide you with answers to any questions you may have. For further information about specific resorts and accommodation, please visit our website at [www.pgl.co.uk/ski](http://www.pgl.co.uk/ski)



The air holidays and flights shown are provided by PGL Air Travel Ltd and ATOL protected by the CAA (ATOL no. 4630).

# What to bring

## Packing for a coach trip

Please note that baggage space on a coach is limited. Luggage needs to be restricted to one soft holdall type bag (max. dimensions 70cm x 35cm x 35cm) and one item of hand luggage for food and essentials for the journey.

## Packing for air travel

Regulations regarding baggage allowance, hand luggage and permissible items/liquids vary between airlines and over time. We therefore strongly recommend that you check with your airline (via your Party Leader) regarding baggage allowances shortly before travel.



# Kit list

## General

- Passport
- European Health Insurance Card for EU countries (EHIC)
- Pillow for the journey (for coach travel)
- Washbag and towel
- Night clothes
- Plastic water bottle
- Toiletries
- Small rucksack
- Pocket money - £5 to £10 a day is more than adequate

## Free time

- Casual wear for travel and evenings, including a warm fleece
- Swimming costume or trunks (not shorts)
- Several T-shirts – long and short-sleeved
- Shoes suitable for indoors
- Warm jacket / waterproof jacket
- Après ski boots / walking boots / heavy shoes
- Labelled strong plastic bags (bin liners) for dirty clothes

## Ski clothing

As temperatures can vary enormously in late season, from bright and warm one minute, to cold and cloudy the next, we recommend several layers are worn every day. E.g. Base layer, T-shirt, fleece, jacket.

- 2 pairs of ski socks
- 1 pair of ski gloves
- Good quality sunglasses and goggles
- A thick jumper / fleece
- Thermal base layers or long sleeved T-shirts or polo necks
- Scarf and warm hat
- High factor suntan lotion / block and lip balm
- Ski jacket
- Salopettes

Ski clothing can be hired from UK ski shops or specialist suppliers in the UK prior to travel. Please contact your Party Leader.

All ski equipment (skis, boots, poles, snowboards and helmets) will be provided by PGL Ski.

### We recommend you don't bring:

Mobile phones, valuables etc. - mobile phones are not covered by the insurance policy.

Aerosol deodorants - they can set off fire alarms. Please bring roll-on deodorants instead.

# What is a ski trip with PGL like?

## A learning experience with a difference!

Come skiing or boarding and experience a new, stimulating and unfamiliar environment - and make memories that will last a lifetime! Firstly, skiing or boarding is about learning a new skill. It relies on technique rather than physical fitness so it can be extremely rewarding - even if you haven't always liked sport at school. It is also a rich cultural experience and offers plenty of opportunity for personal and social development.

## A packed programme!

As well as a minimum of four hours of skiing with a fully qualified instructor every day, there will also be a full programme of evening activities and outings which may include, for example, a bowling evening, swimming and ice-skating.



## A PGL representative with every group

A fully trained PGL representative is assigned to every group and will make sure that your trip runs smoothly. He or she will liaise with the ski-school, your hotel, help sort out lift passes and so on - as well as arrange your evening entertainment - even run those that take place in your hotel.

## Outline ski trip itinerary

PGL Ski coach tours are usually of 9 days' duration. Here's an outline of your trip.

### Day 1

Leave school in time for an early evening ferry/tunnel departure. Short sea crossing (usually Dover or Folkestone to Calais) and overnight travel to your resort.

### Day 2

Breakfast and lunch stops en route and arrive at your resort for ski fit, welcome meeting and evening meal.

### Day 3-8

6 days of skiing with additional evening activities / excursions.

### Day 8

Depart resort after evening meal.

### Day 9

Early morning ferry or tunnel to UK and return to school.

Please note: If your group is travelling by air, the itinerary is usually of 8 days' duration. Travel is on day 1 and 8, while days 2-7 are the same as days 3-8 above.

## What's included?\*

- 6 days skiing including lift pass and 4 hours tuition per day (or 5 hours per day, depending on your group's preference)
- Executive coach travel and channel crossing from your school to your ski resort and back again
- Full board accommodation (half board in USA)
- 'In-house' evening entertainment programme
- Winter sports insurance (including medical cover)
- A PGL representative with your group
- 24 hour helpline for Party Leaders while in resort

\*This list is based on what's included for groups travelling by coach. Groups may choose an 8 day trip with 5 days skiing and 5 hours of lessons per day. It also varies slightly for groups choosing to fly. Please ask your teacher or see our website for details.

*"Learning outside the classroom contributes significantly to raising standards and improving pupils' personal and social development"*

Ofsted Report

## Where do we stay?

### Your accommodation

There is a wide range of accommodation available for school groups with PGL Ski. This varies from larger, purpose-built youth hotels which often have additional leisure facilities, to small and friendly family-run hotels, and everything in between. The vast majority of the accommodation we use has en suite facilities and you will usually sleep in rooms with between 3 and 6 beds – often with bunk beds.

All our accommodation is regularly audited to ensure it complies with our rigorous health and safety standards.

Further information about your allocated accommodation will be available from your teacher and you can check out your resort by visiting [www.pgl.co.uk/ski](http://www.pgl.co.uk/ski)

### People with disabilities / additional needs

We are often able to allocate adapted rooms for you if you are disabled. For details of rooming and to discuss whether skiing would be an appropriate activity for you, please ask your Party Leader to talk to us directly about your particular requirements.

### Food and drink

Meals during your ski trip are provided on a full-board basis, i.e. breakfast, lunch and evening meal. Lunch is generally a packed lunch, though hot meals are sometimes available, depending on your accommodation. Your first included meal is usually the evening meal on arrival and your last meal before you depart is generally your evening meal after skiing. Water is always available free of charge and hot drinks are served at breakfast time.

If you have any special dietary requirements or food allergies, please let your Party Leader know as soon as possible so that he/she can ensure that you can be properly catered for.

*"Over half the party had never skied before but fantastic progress was made, along with some brilliant memories."*

Garstang Community Academy

[www.pgl.co.uk/ski](http://www.pgl.co.uk/ski)

## Safety and security

Our excellent reputation for health and safety is based on over 55 years of successful operation and we comply fully with the recommendations



of the UK and the Scottish governments' advice on taking school trips. The air holidays and flights are provided by PGL Air Travel Ltd and are ATOL

protected by the CAA. PGL is also a member of ABTA so you benefit from their assistance and code of conduct.

In the event of changes in exchange rates, your coach trip is also guaranteed against any currency surcharge.

PGL Ski has been approved and awarded the Learning Outside the Classroom Quality Badge, following inspection by the School Travel Forum.

### Insurance details

From the time we receive your deposit you are covered for the duration of your trip by PGL's extensive winter sports insurance policy, underwritten by travel insurance specialists, Fogg Travel Insurance services Ltd.

### PGL insurance covers:

Organiser Liability; Medical Expenses; Personal Accident; Cancellation; Curtailment of Activity; Baggage; Personal Money; Personal Liability. Full details of your insurance with PGL are available online at [www.pgl.co.uk/ski-insurance](http://www.pgl.co.uk/ski-insurance)

**Excess:** Please note there is an excess of £20/£35 for some sections of cover and £100 for legal advice and expenses. A full copy of the insurance policy can be obtained from the teacher leading your trip.

