

# WEEK 1

**MONDAY**

**MAIN COURSE:** CHICKEN KORMA (H, CE, GF) WITH BRAISED RICE  
**VEGETARIAN MAIN:** VEGETABLE COTTAGE PIE (V, CE, GF)  
**SERVED WITH:** PEAS AND GREEN BEANS  
**AVAILABLE DAILY:** JACKET POTATOES, PASTA (E, C) BAKED BEANS (C) TOSSED SALAD  
**DESSERTS:** BANANA LOAF AND CUSTARD (M, E, C, SD) OR FRESH FRUIT SALAD/ YOGHURT

**TUESDAY**

**HOT DELI ROLL DAY**  
**MAIN COURSE:** CAJUN CHICKEN (H), SHREDDED BEEF AND ONION (GF), STRIPS OF PORK AND APPLE (GF), CHEESE (GF, M, V)  
**SERVED WITH:** TOSSED SALAD, POTATO WEDGES  
**DESSERTS:** PEACHES AND VANILLA ICE CREAM (E, M) OR FRESH FRUIT SALAD/ YOGHURT

**WEDNESDAY**

**MAIN COURSE:** TOAD IN THE HOLE (C, CE, SS, C, M, E)  
**VEGETARIAN MAIN:** VEGETABLE WELLINGTON (V, M, CE, E)  
**SERVED WITH:** CRISPY DICED POTATO, CARROTS, PEAS  
**AVAILABLE DAILY:** JACKET POTATOES, PASTA (E, C) BAKED BEANS (C) TOSSED SALAD  
**DESSERTS:** FLAPJACK (C, E, M) OR FRESH FRUIT SALAD/ YOGHURT

**THURSDAY**

**MAIN COURSE:** ROAST CHICKEN WITH GRAVY, MASHED POTATOES AND SEASONAL VEGETABLES (GF, H) AND STUFFING (CE, C)  
**VEGETARIAN MAIN:** STUFFED PEPPER WITH SAVOURY RICE TOPPED WITH CHEESE AND TOSSED SALAD (GF, C, M, CE)  
**AVAILABLE DAILY:** JACKET POTATOES, PASTA (E, C) BAKED BEANS (C) TOSSED SALAD  
**DESSERTS:** CHOCOLATE RICE CRISPY CAKE (GF, M) OR FRESH FRUIT SALAD/ YOGHURT

**FRIDAY**

**MAIN COURSE:** BREADED FISH FINGERS (M, E, C, MU, F)  
**VEGETARIAN MAIN:** CHEESE AND LEEK PINWHEEL (V, C, E, MU, M)  
**SERVED WITH:** FARMHOUSE FRIES & PEAS  
**AVAILABLE DAILY:** JACKET POTATOES, PASTA (E, C) BAKED BEANS (C) TOSSED SALAD  
**DESSERTS:** CINNAMON SUGAR COOKIE (C, E, M) OR FRESH FRUIT SALAD/ YOGHURT

# WEEK 2

**MONDAY**

**MAIN COURSE:** GRILLED PORK SAUSAGE (SD, SS, CE, M) **VEGETARIAN MAIN:** BREADED QUORN CRUNCHY BITES (V, M, E, C, CE)  
**SERVED WITH:** MASHED POTATOES, SWEETCORN AND PEAS  
**AVAILABLE DAILY:** JACKET POTATOES, PASTA (E, C) BAKED BEANS (C) TOSSED SALAD  
**DESSERTS:** CHERRY COOKIE (M, E, C, SD) OR FRESH FRUIT SALAD/ YOGHURT

**TUESDAY**

**MAIN COURSE:** BEEF AND TOMATO LASAGNE WITH GARLIC BREAD (CE, M, MU, E)  
**VEGETARIAN MAIN:** QUORN HOT DOG IN FLOUR BAP (V, S, SS, M, E) WITH POTATO WEDGES  
**SERVED WITH A CHOICE OF:** TOSSED SALAD  
**AVAILABLE DAILY:** JACKET POTATOES, PASTA (E, C) BAKED BEANS (C), TOSSED SALAD  
**DESSERTS:** CARROT CAKE (C, E, M) OR FRESH FRUIT SALAD/ YOGHURT

**WEDNESDAY**

**BBQ DAY**  
**MAIN COURSE:** BEEF BURGER IN FLOUR BAP (C, E, SD, SS, MU), PORK HOT DOG (C, E, SD, SS)  
**VEGETARIAN MAIN:** QUORN HOT DOG (E, C, M) ALL SERVED WITH ½ JACKET, COLESLAW (E, M, MU)  
**AVAILABLE DAILY:** JACKET POTATOES, PASTA (E, C) BAKED BEANS (C) TOSSED SALAD  
**DESSERTS:** ORANGE CAKE (C, E, M) OR FRESH FRUIT SALAD/ YOGHURT

**THURSDAY**

**MAIN COURSE:** ROAST PORK WITH ROAST POTATOES, SEASONAL VEGETABLES (GF, SD) AND STUFFING (C, CE)  
**VEGETARIAN MAIN:** TOMATO AND BASIL PASTA BAKE (C, M, CE, V)  
**AVAILABLE DAILY:** JACKET POTATOES, PASTA (E, C) BAKED BEANS (C) TOSSED SALAD  
**DESSERTS:** TOFFEE APPLE TART WITH CUSTARD (C, M) OR FRESH FRUIT SALAD/ YOGHURT

**FRIDAY**

**MAIN COURSE:** BAKED FISH FILLET (M, E, C, MU, F)  
**VEGETARIAN MAIN:** CHEESE AND ONION ROLL (V, C, E, MU, M)  
**SERVED WITH:** SERVED WITH FARMHOUSE FRIES & PEAS  
**AVAILABLE DAILY:** JACKET POTATOES, PASTA (E, C) BAKED BEANS (C) TOSSED SALAD  
**DESSERTS:** MELON AND GRAPE POT (GF) OR YOGHURT

# WEEK 3

**MONDAY**

**MAIN COURSE:** PORK AND BEEF MEATBALLS IN TOMATO SAUCE WITH BUTTERED PASTA (SD, C, CE, E)  
**VEGETARIAN MAIN:** NO SAUSAGE ROLL WITH TOMATO SAUCE (V, M, E, CE) WITH NEW POTATOES AND BROCCOLI  
**AVAILABLE DAILY:** JACKET POTATOES, PASTA (E, C) BAKED BEANS (C), TOSSED SALAD  
**DESSERTS:** COCONUT SPONGE WITH CUSTARD (M, SD) OR FRESH FRUIT SALAD/ YOGHURT

**TUESDAY**

**MAIN COURSE:** CREAMY CHICKEN PUFF PASTRY PIE WITH MASHED POTATO, PEAS AND SWEETCORN (C, E, M, CE)  
**VEGETARIAN MAIN:** TOMATO PASTA BAKE WITH GARLIC BREAD (V, C, M, CE)  
**AVAILABLE DAILY:** JACKET POTATOES, PASTA (E, C) BAKED BEANS (C) TOSSED SALAD  
**DESSERTS:** CHOCOLATE BROWNIE (C, M, E) OR FRESH FRUIT SALAD/ YOGHURT

**WEDNESDAY**

**MAIN COURSE:** HAM PIZZA (M, C, SS, S, SD)  
**VEGETARIAN MAIN:** CHEESE AND TOMATO PIZZA (V, M, C, SS, S)  
**SERVED WITH:** CRISPY POTATOES, COLESLAW (M, E, MU)  
**AVAILABLE DAILY:** JACKET POTATOES, PASTA (E, C) BAKED BEANS (C) TOSSED SALAD  
**DESSERTS:** ICED GINGER CAKE (E, C, M) OR FRESH FRUIT SALAD/ YOGHURT

**THURSDAY**

**MAIN COURSE:** MEXICAN CHICKEN WITH SAVORY RICE (H, GF, CE)  
**VEGETARIAN MAIN:** VEGETABLE COTTAGE PIE (V, M, CE, C, E)  
**AVAILABLE DAILY:** JACKET POTATOES, PASTA (E, C) BAKED BEANS (C) TOSSED SALAD  
**DESSERTS:** OATY APPLE CRUNCH WITH CUSTARD (C, M, SD) OR FRESH FRUIT SALAD/ YOGHURT

**FRIDAY**

**MAIN COURSE:** BREADED CHICKEN FINGERS (H, M, E, C, MU)  
**VEGETARIAN MAIN:** CHEESE AND ONION PASTRY (V, C, E, MU, M)  
**SERVED WITH:** FARMHOUSE FRIES & PEAS  
**AVAILABLE DAILY:** JACKET POTATOES, PASTA (E, C) BAKED BEANS (C) TOSSED SALAD  
**DESSERTS:** BANANA FLAPJACK (C, M, E, SD) OR FRESH FRUIT SALAD/ YOGHURT

ALLERGENS KEY C - CEREALS CONTAINING GLUTEN P – PEANUTS N - NUTS (TREE NUTS IE. ALMONDS, WALNUTS) M – MILK S – SOYA

MU – MUSTARD L – LUPIN E – EGGS F - FISH CR - CRUSTACEANS (PRAWNS) MO - MOLLUSCS (SCALLOPS, MUSSELS) SS - SESAME SEED

CE – CELERY SD - SULPHUR DIOXIDE CUSTOMER INFORMATION V – VEGETARIAN H – HALAL GF – GLUTEN FREE

# WEEK 4

**MONDAY**

**MAIN COURSE:** GRILLED CHICKEN AND BACON IN BBQ SAUCE WITH POTATO WEDGES (CE, SD, SS)  
**VEGETARIAN MAIN:** QUORN SAUSAGES (V, CE, M, C, E)  
**SERVED WITH:** POTATO WEDGES (M), SEASONAL VEGETABLES  
**AVAILABLE DAILY:** JACKET POTATOES, PASTA (E, C) BAKED BEANS (C) TOSSED SALAD  
**DESSERTS:** BANANAS AND CUSTARD (E, M) OR FRESH FRUIT SALAD/ YOGHURT

**TUESDAY**

**JACKET POTATO BAR**  
 CHICKEN AND PEPPERS (H.GF, CE) BEEF CHILLI (GF, CE), VEGETABLE CURRY (GF, S, V), BAKED BEANS (C)  
**SERVED WITH:** TOSSED SALAD  
**AVAILABLE DAILY:** JACKET POTATOES, PASTA (E, C) BAKED BEANS (C) TOSSED SALAD  
**DESSERTS:** CHOCOLATE MUFFIN (M, C, E) OR FRESH FRUIT SALAD/ YOGHURT

**WEDNESDAY**

**MAIN COURSE:** ALL DAY BREAKFAST (SAUSAGE, BACON, HASH BROWN, TOMATOES, BAKED BEANS AND SCRAMBLED EGG) SD, SS, C, M, E, CE  
**VEGETARIAN MAIN:** ALL DAY BREAKFAST (QUORN SAUSAGE, VEGETABLE PATTIE, HASH BROWN, TOMATOES, BAKED BEANS AND SCRAMBLED EGG) SS, C, M, E, CE  
**SERVED WITH:** SERVED WITH CRUSTY BREAD (C, M, SS)  
**AVAILABLE DAILY:** JACKET POTATOES, PASTA (E, C) BAKED BEANS (C) TOSSED SALAD  
**DESSERTS:** FRUIT JELLY (M) OR FRESH FRUIT SALAD/ YOGHURT

**THURSDAY**

**MAIN COURSE:** ROAST GAMMON WITH PINEAPPLE AND MASHED POTATOES AND SEASONAL VEGETABLES (GF, SD, M)  
**VEGETARIAN MAIN** QUORN BOLOGNAISE WITH PASTA (V, M, CE, C, MU, E)  
**AVAILABLE DAILY:** JACKET POTATOES, PASTA (E, C) BAKED BEANS (C) TOSSED SALAD  
**DESSERTS:** STRAWBERRY CREAM CAKE (C, E, M) OR FRESH FRUIT SALAD/ YOGHURT

**FRIDAY**

**MAIN COURSE:** OVEN BAKED FISH FILLET (M, E, C, MU, F)  
**VEGETARIAN MAIN:** VEGETABLE BURGER IN FLOUR BAP (V, C, E, MU, M)  
**SERVED WITH:** FARMHOUSE FRIES & PEAS  
**AVAILABLE DAILY:** JACKET POTATOES, PASTA (E, C) BAKED BEANS (C) TOSSED SALAD  
**DESSERTS:** LEMON SHORTBREAD (C, M) OR FRESH FRUIT SALAD/ YOGHURT

## AVAILABLE EVERYDAY

**JACKET POTATOES  
WITH VARIOUS FILLINGS**

**PASTA**

APRIL					MAY				
					1	2	3	4	5
					8	9	10	11	12
					15	16	17	18	19
24	25	26	27	28	22	23	24	25	26
WEEK1	WEEK2	WEEK3	WEEK4						
M	T	W	T	F	M	T	W	T	F
JUNE					JULY				
5	6	7	8	9	3	4	5	6	7
12	13	14	15	16	10	11	12	13	14
19	20	21	22	23	17	18	19	20	21
26	27	28	29	30					

# SUMMER MENU

APRIL – JULY  
2017



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