

WEEK 1	WEEK 2	WEEK 3
<p>MONDAY</p> <p>MAIN COURSE: GRILLED PORK SAUSAGE (SD, C, MU, CE) VEGETARIAN MAIN: BREADED QUORN BITES (V, C, E, CE) SERVED WITH: MASHED POTATOES, PEAS AND CARROTS (GF, SD, M) AVAILABLE DAILY: JACKET POTATOES, PASTA (E, C) BAKED BEANS (C) AND TOSSED SALAD DESSERTS: CHOCOLATE MOUSSE (M, E, C) OR FRESH FRUIT SALAD/YOGHURT (M)</p>	<p>MONDAY</p> <p>MAIN COURSE: PORK AND BEEF MEATBALLS IN TOMATO SAUCE(C, CE) VEGETARIAN MAIN: VEGETABLE BALLS IN TOMATO SAUCE(V, CE, GF) SERVED WITH: PASTA AND GARLIC BREAD (C, E, M) AVAILABLE DAILY: JACKET POTATOES, PASTA (E, C) BAKED BEANS (C) AND TOSSED SALAD DESSERTS: COCONUT SPONGE AND CUSTARD(C, E, M) OR FRESH FRUIT SALAD/YOGHURT(M)</p>	<p>MONDAY</p> <p>MAIN COURSE: CHICKEN CURRY (H, CE, GF) VEGETARIAN MAIN: CAULIFLOWER, POTATO AND SPINACH CURRY(V, GF, CE) SERVED WITH: BRAISED RICE AND YOGHURT (M) AVAILABLE DAILY: JACKET POTATOES, PASTA (E, C) BAKED BEANS (C) AND TOSSED SALAD DESSERTS: VICTORIA SPONGE CAKE(C, E, M) OR FRESH FRUIT SALAD/YOGHURT(M)</p>
<p>TUESDAY</p> <p>MAIN COURSE: CAJUN CHICKEN AND VEGETABLE WRAP (H, C, CE, M, E) VEGETARIAN MAIN: MAC AND CHEESE WITH GARLIC BREAD (E, C, M) SERVED WITH: PEAS AND CORN AVAILABLE DAILY: JACKET POTATOES, PASTA (E, C) BAKED BEANS (C) AND TOSSED SALAD DESSERTS: APPLE AND CINNAMON CAKE WITH CUSTARD (C, E, M) OR FRESH FRUIT SALAD/YOGHURT (M)</p>	<p>TUESDAY</p> <p>MAIN COURSE: LASAGNE SERVED WITH GARLIC BREAD(CE, M, MU, E) VEGETARIAN MAIN: QUORN SAUSAGE CASSEROLE SERVED WITH BRAISED RICE (V, E, M, MU, CE, C) SERVED WITH: PEAS AND CORN AVAILABLE DAILY: JACKET POTATOES, PASTA (E, C) BAKED BEANS (C) AND TOSSED SALAD DESSERTS: CHOCOLATE CHIP SHORT BREAD(M, C) OR FRESH FRUIT SALAD/YOGHURT(M)</p>	<p>TUESDAY</p> <p>MAIN COURSE: DELI ROLL BAR – CAJUN CHICKEN(H), SHREDDED(SD) GAMMON OR CHEESE(M, V) SERVED WITH: CRISPY POTATOES AVAILABLE DAILY: JACKET POTATOES, PASTA (E, C) BAKED BEANS (C) AND TOSSED SALAD DESSERTS: STRAWBERRY MOUSSE(C, E, M) OR FRESH FRUIT SALAD/YOGHURT(M)</p>
<p>WEDNESDAY</p> <p>MAIN COURSE: ALL DAY BREAKFAST – SAUSAGE, BACON, HASH BROWN, TOMATOES, BAKED BEANS AND SCRAMBLED EGG (SD, SS, C, M, MU, E, CE) VEGETARIAN MAIN: ALL DAY BREAKFAST – QUORN SAUSAGE VEGETABLE PATTIE, HASH BROWN, TOMATOES, BAKED BEANS AND SCRAMBLED EGG (V, SS, C, E, M, CE) SERVED WITH: SERVED WITH CRUSTY BREAD (C, M, SS) AVAILABLE DAILY: JACKET POTATOES, PASTA (E, C) BAKED BEANS (C) AND TOSSED SALAD DESSERTS: CHOCOLATE CORNFLAKE CAKE (C, M, E) OR FRESH FRUIT SALAD/YOGHURT (M)</p>	<p>WEDNESDAY</p> <p>MAIN COURSE: PIZZA DAY – HAM AND PEPPERONI (M, C, SS, S, SD) VEGETARIAN MAIN: PIZZA DAY – CHEESE AND TOMATO (V, M, C, SS, S) SERVED WITH: WEDGES AND COLESLAW (E, M, MU) AVAILABLE DAILY: JACKET POTATOES, PASTA (E, C) BAKED BEANS (C) AND TOSSED SALAD DESSERTS: CHERRY SPONGE WITH CUSTARD 9C, E, M, SD) OR FRESH FRUIT SALAD/YOGHURT(M)</p>	<p>WEDNESDAY</p> <p>MAIN COURSE: BURGER DAY – BEEF BURGER IN FLOUR BAP(C, E, SD, SS, MU), PORK BURGER IN FLOUR BAP (C, E, SD, SS) VEGETARIAN MAIN: VEGETABLE BURGER IN FLOUR BAP (E, C, M) SERVED WITH: WEDGES AND COLESLAW 9E, M, MU) AVAILABLE DAILY: JACKET POTATOES, PASTA (E, C) BAKED BEANS (C) AND TOSSED SALAD DESSERTS: LEMON CURD CHEESECAKE (M, E, C, SD) OR FRESH FRUIT SALAD/YOGHURT(M)</p>
<p>THURSDAY</p> <p>MAIN COURSE: ROAST GAMMON (SD, GF) VEGETARIAN MAIN: VEGETABLE PIE (C, E, M, CE, V) SERVED WITH:MASHED POTATOE, SEASONAL VEGETBALES AND GRAVY(M, GF) AVAILABLE DAILY: JACKET POTATOES, PASTA (E, C) BAKED BEANS(C) AND TOSSED SALAD DESSERTS: APPLE CRUMBLE WITH CUSTARD (C, E, M) OR FRESH FRUIT SALAD/YOGHURT(M)</p>	<p>THURSDAY</p> <p>MAIN COURSE: ROAST PORK LOIN (GF) VEGETARIAN MAIN: QUORN PATTIE (V, C, M, CE, E) SERVED WITH: ROAST POTATOES, SEASONAL VEGETABLES, GRAVY (GF, SD) AND STUFFING (C, CE) AVAILABLE DAILY: JACKET POTATOES, PASTA (E, C) BAKED BEANS (C) AND TOSSED SALAD DESSERTS:ICED LEMON CAKE (C,E,M) OR FRESH FRUIT SALAD/YOGHURT(M)</p>	<p>THURSDAY</p> <p>MAIN COURSE: ROAST CHICKEN BREAST(H, GF) VEGETARIAN MAIN: CAULIFLOWER AND BROCCOLI CHEESE(C, M) SERVED WITH: MASHED POTATOES, SEASONAL VEGETABLES(M, SD) STUFFING(C, CE) AND GRAVY(GF) AVAILABLE DAILY: JACKET POTATOES, PASTA (E, C) BAKED BEANS (C) AND TOSSED SALAD DESSERTS: SHORTBREAD(M, C) OR FRESH FRUIT SALAD/YOGHURT(M)</p>
<p>FRIDAY</p> <p>MAIN COURSE: BREADED CHICKEN GOUJONS (H, M, E, C, MU) VEGETARIAN MAIN: VEGETABLE FINGERS (V, C, E, MU, M) SERVED WITH: FARMHOUSE FRIES AND PEAS AVAILABLE DAILY: JACKET POTATOES, PASTA (E, C) BAKED BEANS(C) AND TOSSED SALAD DESSERTS: OAT COOKIE (C, E, M) OR FRESH FRUIT SALAD/YOGHURT(M)</p>	<p>FRIDAY</p> <p>MAIN COURSE: BATTERED FISH FILLET (M, E, C, MU, F) VEGETARIAN MAIN: CHEESE AMD TOMATO PIN WHEEL (V, C, E, M, MU) SERVED WITH: FARMHOUSE FRIES AND PEAS AVAILABLE DAILY: JACKET POTATOES, PASTA (E, C) BAKED BEANS (C) AND TOSSED SALAD DESSERTS: JELLY(M) OR FRESH FRUIT SALAD/YOGHURT(M)</p>	<p>FRIDAY</p> <p>MAIN COURSE: BREADED CHICKEN GOUJONS (H, M, E, C, MU) VEGETARIAN MAIN: CHEESE AND ONION PASTY (M, E, C, V, MU) SERVED WITH: FARMHOUSE FRIES AND PEAS AVAILABLE DAILY: JACKET POTATOES, PASTA (E, C) BAKED BEANS (C) AND TOSSED SALAD DESSERTS: RAISIN FLAPJACK (C, M, E, SD) OR FRESH FRUIT SALAD/YOGHURT(M)</p>

ALLERGENS KEY C - CEREALS CONTAINING GLUTEN P - PEANUTS N - NUTS (TREE NUTS IE. ALMONDS, WALNUTS) M - MILK S - SOYA

MU - MUSTARD L - LUPIN E - EGGS F - FISH CR - CRUSTACEANS (PRAWNS) MO - MOLLUSCS (SCALLOPS, MUSSELS) SS - SESAME SEED

CE - CELERY SD - SULPHUR DIOXIDE CUSTOMER INFORMATION V - VEGETARIAN H - HALAL GF - GLUTEN FREE

WEEK 4

MONDAY

MAIN COURSE: JACKET POTATO BAR – TUNA MAYO(F, M, MUE, GF), VEG CURRY(V, CE, GF, S), BBQ CHICKEN(H, GF, CE)
SERVED WITH: COLESLAW (M, MU)
AVAILABLE DAILY: JACKET POTATOES, PASTA (E, C) BAKED BEANS (C) AND TOSSED SALAD
DESSERTS: CHOCOLATE MUFFIN(M, E, C) OR FRESH FRUIT SALAD/YOGHURT(M)

TUESDAY

MAIN COURSE: CHICKEN AND PEPPER PASTA BAKE WITH GARLIC BREAD(H, CE, E, M)
VEGETARIAN MAIN: HERBY QUORN PATTIE WITH CRISPY POTATOES(V, C, M, CE, E)
SERVED WITH: BROCCOLI AND CAULIFLOWER
AVAILABLE DAILY: JACKET POTATOES, PASTA (E, C) BAKED BEANS (C) AND TOSSED SALAD
DESSERTS: COCONUT AND CHERRY CAKE WITH CUSTARD(, C, E, M, SD) OR FRESH FRUIT SALAD/YOGHURT(M)

WEDNESDAY

MAIN COURSE: MEDITERRANEAN CHICKEN WRAP SERVED WITH PEAS AND COLESLAW (H, E, C, M, MU, CE)
VEGETARIAN MAIN: VEGETABLE SAMOSA SERVED WITH MINT YOGHURT AND BRAISED RICE (V, E, CE, C, M)
AVAILABLE DAILY: JACKET POTATOES, PASTA (E, C) BAKED BEANS (C) AND TOSSED SALAD
DESSERTS: FLAPJACK (M, E, C, SD) OR FRESH FRUIT SALAD/YOGHURT(M)

THURSDAY

MAIN COURSE: GRILLED PORK SAUSAGE WITH MASHED POTATOES(M, SD, SS, MU, CE, C, E)
VEGETARIAN MAIN: CHEESE, ONION AND POTATO PIE(M, MU, V)
SERVED WITH: SEASONAL VEGETABLES AND GRAVY(CE, GF)
AVAILABLE DAILY: JACKET POTATOES, PASTA (E, C) BAKED BEANS (C) AND TOSSED SALAD
DESSERTS: VANILLA AND CHOCOLATE CHIP MUFFIN(C, E, M) OR FRESH FRUIT SALAD/YOGHURT(M)

FRIDAY

MAIN COURSE: BREADED FISH FINGERS
VEGETARIAN MAIN: VEGETARIAN HOT DOG IN A FLOURED ROLL
SERVED WITH: FARMHOUSE FRIES AND PEAS
AVAILABLE DAILY: JACKET POTATOES, PASTA (E, C) BAKED BEANS (C) AND TOSSED SALAD
DESSERTS: CHERRY SHORTBREAD OR FRESH FRUIT SALAD/YOGHURT

AVAILABLE EVERYDAY

JACKET POTATOES WITH VARIOUS FILLINGS

SELECTION OF FRESHLY PREPARED HOT AND COLD DESSERTS

APRIL					MAY				
						1	2	3	4
						8	9	10	11
16	17	18	19	20	14	15	16	17	18
23	24	25	26	27	21	22	23	24	25
30									
JUNE					JULY				
					2	3	4	5	6
4	5	6	7	8	9	10	11	12	13
11	12	13	14	15	16	17	18	19	20
18	19	20	21	22					
25	26	27	28	29					

WEEK 1 WEEK 2 WEEK 3 WEEK 4

SUMMER MENU

APRIL – JULY
2018



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