

## MEDIUM TERM PLANNING PSHE – Bloxwich Academy 2018-19

Lesson overview and breakdown and activities	Year 7	Year 8	Year 9	Year 10
<b>Autumn 1 Health &amp; wellbeing</b>  <b>Year 10 completed sessions with Sexual health nurse</b>	<ol style="list-style-type: none"> <li>1. Introduction to PSHE Lesson and pre assess</li> <li>2. Transition to secondary school</li> <li>3. Making friendships</li> <li>4. Personal identity</li> <li>5. Black History Month</li> <li>6. Prevent lesson 1</li> <li>7. Prevent lesson 2</li> <li>8. Types of employment – form tutor own planning</li> </ol>	<ol style="list-style-type: none"> <li>1. Smart target setting</li> <li>2. First aid</li> <li>3. Water Safety</li> <li>4. Risk and road safety</li> <li>5. Black History Month</li> <li>6. Prevent lesson 1</li> <li>7. Prevent lesson 2</li> <li>8. Disability discrimination – form tutor own planning</li> </ol>	<ol style="list-style-type: none"> <li>1. Smart target setting</li> <li>2. Growth mindset</li> <li>3. Transition to KS4</li> <li>4. Managing emotional wellbeing in KS4</li> <li>5. Black History Month</li> <li>6. Prevent lesson 1</li> <li>7. Prevent lesson 2</li> <li>8. safe and risky social groups – gangs – form tutor own planning</li> </ol>	<hr/> <ol style="list-style-type: none"> <li>1. Smart target setting</li> <li>2. Self esteem and feedback</li> <li>3. Stress</li> <li>4. Effects of stress on the body</li> <li>5. Metacognition and learning skills</li> <li>6. Managing time for study skills</li> <li>7. Revision strategies</li> <li>8. Post 16 options – form tutor own planning</li> </ol>
<b>Autumn 2 Living in the wider world</b>	<ol style="list-style-type: none"> <li>1. Remembrance Day</li> <li>2. Anti-Bullying</li> <li>3. Radicalisation</li> </ol>	<ol style="list-style-type: none"> <li>1. Remembrance Day</li> <li>2. Anti-bullying</li> <li>3. Radicalisation</li> </ol>	<ol style="list-style-type: none"> <li>1. Remembrance Day</li> <li>2. Anti-Bullying</li> <li>3. Radicalisation</li> </ol>	<ol style="list-style-type: none"> <li>1. Remembrance Day</li> <li>2. Anti-bullying</li> </ol>

<p><b>Year 9 completing sessions with sexual health nurse</b></p> <p><b>Year 9 RE Homework</b></p>	<ol style="list-style-type: none"> <li>4. Careers</li> <li>5. Voluntary work</li> <li>6. School and work</li> <li>7. Prevent/Christian celebrations</li> </ol>	<ol style="list-style-type: none"> <li>4. Careers</li> <li>5. effects of media on tolerance</li> <li>6. cultural expectations</li> <li>7. Prevent/Christian Celebrations</li> </ol>	<ol style="list-style-type: none"> <li>4. Careers</li> <li>5. Gambling and debt</li> <li>6. university and apprenticeship</li> <li>7. Prevent/Christian Celebrations</li> </ol>	<ol style="list-style-type: none"> <li>3. Effective communication in relationships</li> <li>4. Careers</li> <li>5. Responding to unwanted attention/stalking</li> <li>6. Stalking</li> <li>7. Prevent/Christian Celebrations</li> </ol>
<p><b>Spring 1 Relationships</b></p> <p><b>January 17<sup>th</sup> – making gen R visit – year 9/10/12</b></p>	<ol style="list-style-type: none"> <li>1. Diverse communities</li> <li>2. Bullying</li> <li>3. Internet risks</li> <li>4. Positive relationships</li> <li>5. Media portrayal of relationships</li> <li>6. Conflict resolution – form tutor own planning</li> </ol>	<ol style="list-style-type: none"> <li>1. Effects of media on debate on communities and migration</li> <li>2. Challenging discrimination</li> <li>3. Peer pressure on tolerance</li> <li>4. Inappropriate family expectations</li> <li>5. Online safety – grooming</li> <li>6. Online safety – bullying – form tutor</li> </ol>	<ol style="list-style-type: none"> <li>1. Managing conflict</li> <li>2. Running away from home – risks</li> <li>3. Gender identity and discrimination</li> <li>4. Features of exploitive relationships</li> <li>5. Managing breakdown of relationships</li> <li>6. Challenging homophobia – form tutor own planning</li> </ol>	<ol style="list-style-type: none"> <li>1. Career &amp; Jobs Pathway</li> <li>2. CV Skills</li> <li>3. Mock interview skills</li> <li>4. Domestic abuse</li> <li>5. Honor based violence/forced marriage</li> <li>6. Managing risk – form tutor own planning</li> </ol>

		own planning		<ol style="list-style-type: none"> <li>1. Emergency first aid</li> <li>2. Risks in lifestyle choices</li> <li>3. Seeking help due o harmful substances</li> <li>4. Self examination</li> <li>5. Accessing medical services</li> <li>6. Risks of cosmetic and aesthetic alteration</li> <li>7. Careers</li> </ol>
<b>Spring 2 Health &amp; wellbeing</b>	<ol style="list-style-type: none"> <li>1. Alcohol and tobacco use</li> <li>2. Peer influence</li> <li>3. Personal hygiene</li> <li>4. Right to protect bodies – FGM</li> <li>5. Responsibility for physical health</li> <li>6. Friendships and romantic relationships</li> <li>7. Careers</li> </ol>	<ol style="list-style-type: none"> <li>1. Mental health and wellbeing</li> <li>2. unhealthy coping strategies</li> <li>3. body image</li> <li>4. managing loss</li> <li>5. Forming new partnerships – sexual development</li> <li>6. Consent and delaying benefits</li> <li>7. Careers</li> </ol>	<ol style="list-style-type: none"> <li>1. Consent</li> <li>2. peer pressure on sexual activity</li> <li>3. effects of alcohol and drug abuse</li> <li>4. role models</li> <li>5. Risks of STIs</li> <li>6. Sexting</li> <li>7. Careers</li> </ol>	
<b>Summer 1 Relationships</b>	<ol style="list-style-type: none"> <li>1. Family life</li> <li>2. Positive relationships</li> <li>3. Media impacts on relationships</li> <li>4. Role of parents in family life - Form</li> </ol>	<ol style="list-style-type: none"> <li>1. Contraceptive use</li> <li>2. Puberty</li> <li>3. Expectations of having a partner</li> <li>4. Delaying sex and consent - Form tutor planning</li> </ol>	<ol style="list-style-type: none"> <li>1. Different types of families and parenting skills</li> <li>2. Unplanned pregnancies – Brooke advisory</li> <li>3. Medias influence on sexual relationships</li> <li>4. Long term</li> </ol>	<ol style="list-style-type: none"> <li>1. British values in establishing community cohesion</li> <li>2. Promoting British Values</li> <li>3. Understanding diversity</li> </ol>

	tutor planning		consequences of different sexual health choices - Form tutor planning	4. Nature of extremism – form tutor planning
<b>Summer 2 Living in the wider world</b>	<ol style="list-style-type: none"> <li>1. Impact of financial decisions</li> <li>2. Ethical products</li> <li>3. Managing budgets</li> <li>4. Saving and spending</li> <li>5. Charity – form tutor planning</li> <li>6. Careers</li> </ol>	<ol style="list-style-type: none"> <li>1. Purchasing choices and rights</li> <li>2. Pay day lender and debt risks</li> <li>3. Brexit choices</li> <li>4. Managing money</li> <li>5. Charity – form tutor planning</li> <li>6. Careers</li> </ol>	<ol style="list-style-type: none"> <li>1. Work rights and health and safety</li> <li>2. Positive online reputations</li> <li>3. Positive on line relationships</li> <li>4. Enterprise skills</li> <li>5. Interview skills – form tutor planning</li> <li>6. Careers</li> </ol>	<ol style="list-style-type: none"> <li>1. Ambitions for the future</li> <li>2. Resilience</li> <li>3. Managing disappointment and setback</li> <li>4. Work place discrimination</li> <li>5. Smart targets revisited – form tutor planning</li> <li>6. Careers</li> </ol>