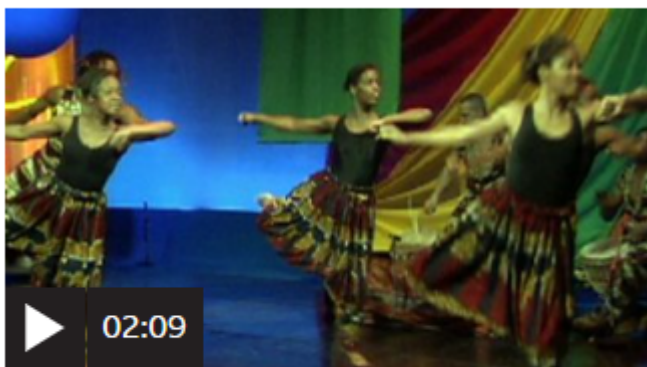


# KS1

## Dance

### Africa drumming and dance



<https://www.bbc.co.uk/bitesize/clips/zn6d7ty>

Kokuma Dance Company perform stepping and jumping patterns with strong arm gestures. They are accompanied by African drum rhythms. Swinging and jumping motifs are developed and performed in different formations within the space. The traditional costume from Ghana and the colourful backdrop enhance a vibrant stage set. Different dances across Africa are fused together to create their dance routines.

### Task

Please watch the clip and do the following tasks.

- Clap your hands in time to the music.
- Pat your knees in time to the music.
- Jump, hop, skip and jog in time to the music.
- Change the height of your movements.
- Use your arms and shoulders in time with the music.
- Create your own dance to the music.

## Diwali – traditional stick dance



<https://www.bbc.co.uk/bitesize/clips/zjkvr82>

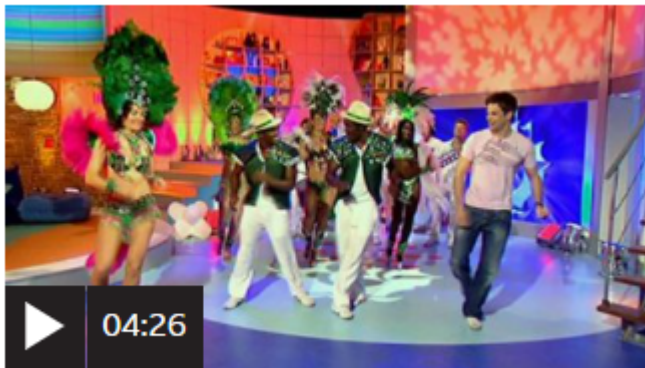
The Hindu Festival of Light is called Diwali, it marks the return of Lord Rama. Families paint Rangoli patterns on their doorstep and place candles around the home. A group of female dancers in traditional dress perform a stick dance accompanied by sticks and drumming.

### Task

Please watch the clip and do the following tasks.

- Clap your hands in time to the music.
- Move round in a circle in time with the music.
- Find two sticks in your garden and practise knocking the sticks together in time to the music.
- Copy the dance and circle one of the sticks round your head in time with the music.
- Create your own dance to the music.

## Samba



<https://www.bbc.co.uk/bitesize/clips/z7db4wx>

The Samba dates back to the 16th century. Elements of Portuguese culture and African settlers come together to create a vibrant music and dance form. Fast-paced music of drums, whistles and a mixture of percussion instruments accompanies the dance. Traditionally the Samba is played by strings, on a type of guitar called a cavaquinho. In addition to the rhythm a sequence of dance steps have evolved. Dancers perform a sequence of steps in carnival costume. They demonstrate the box kick and step, Samba sequence and basic Samba footwork. When the steps are placed together we see how the dance, music and costume symbolise the Brazilian carnival.

### Task

Please watch the clip and do the following tasks.

- Copy the dance and step your feet round in a circle in time to the music.
- Spin round in time with the music.
- Wiggle your hips in time to the music.
- Circle your arms in time with moving your hips.
- Create your own dance to the music.