

Lunchtime Menu

Week Three

Monday	Tuesday	Wednesday	Thursday	Friday
Fish Goujons (GL)	Beef pasta bolognese. (GL) (E) (L)	Chicken Rogan Josh Curry. (P) (N)	Cowboy Pie (sausage & beans topped with mash) (GL)	Oven baked chicken burger. (GL)
Quorn Fishless fingers (V) (GL)	Quorn mince bolognese. (GL) (E) (L)	Quorn Chicken Rogan Josh Curry (V) (N) (P)	Quorn cowboy pie (sausage) (V)	Vegetable burger (GL)
Served with wedges & garden peas.	Served with garlic bread.	Served with rice & nann bread.	Served with mixed veg & crusty bread	Served with sweet potato fries & sweetcorn.
Choice of sandwiches Cheese, ham or Tuna.	Choice of sandwiches Cheese, Ham or Tuna	Choice of sandwiches Cheese, ham or Tuna	Choice of sandwiches Cheese, Ham or Tuna.	Choice of sandwiches Cheese, ham or tuna
Selection of fruit, Mousses, Jelly & Yoghurts.	Selection of fruit, Mousses, Jelly & Yoghurts.	Selection of fruit, Mousses, Jelly & Yoghurts.	Selection of fruit, Mousses, Jelly & Yoghurts.	Cookie/ doughnut Fresh fruit Yoghurts