

Ref: Bikeability1&2/BB

21st June 2024

Bikeability Level 1 & 2

Dear Parent/Carer



Bloxwich Academy
'Be The Best You Can Be'

We are very pleased to inform you that your Year 6 child has the opportunity to receive Bikeability training from instructors at Aspire Sports. The training will be taking place at school on the following dates: 9th, 10th, 11th, 15th and 16th July 2024.

'Bikeability' is a cycling proficiency test designed to give pupils the skills and confidence to cycle in a safe manner. Level 1 Bikeability is delivered in a traffic-free environment (i.e. the school playground) whereas Level 2 includes 'on-road' tuition, this element of the training is essential. Accredited instructors will supervise the group throughout each stage of the training and ensure that all the appropriate safety precautions are being taken. For further information visit www.bikeability.org.uk

The instructors will aim for all participants to achieve the Level 1 and Level 2 awards. It is worth noting that safety is our main priority and if your child does not successfully complete Level 1 Bikeability they will not be permitted to continue onto the Level 2 element of the course. It is also worth highlighting that whilst every care will be taken to ensure the safety of the participants, our insurance does not cover personal accidents, nor can we accept responsibility for the actions or behaviour of participants.

It is a prerequisite for Bikeability Levels 1 and 2 that the participant should already be able to ride a bicycle with good control and balance. We ask all participants to provide a suitable, roadworthy bicycle and helmet. **If children are unable to bring in their own bike and helmet one will be provided.** There is a bicycle checklist enclosed, please refer to this for guidance on what we deem a suitable, roadworthy bicycle to be. All participants must be provided with appropriate clothing which is in line with the weather conditions (this includes cold and wet weather).

The instructors will provide high visibility waistcoats which must also be worn.

Before we can accept participants onto this Bikeability course we ask the following:

- The below consent form is signed and returned to school. Please note that we will not permit pupils to take part unless we have a signed parent consent form.
- Suitable clothing and footwear is provided (not school uniform). We suggest sports clothing, warm tops, hat, gloves and waterproof clothing. In hot weather, we advise loose light clothing and the provision of sun cream.
- A drinks bottle is provided.

Consent forms must be returned to **class teachers** by **Friday 28th June 2024**.

Yours sincerely

Ms S. Shepherd
Headteacher



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