

Ref: Bikeability/je



**Bloxwich Academy**  
'Be The Best You Can Be'

Dear Parents/Carers,

Child's Name: \_\_\_\_\_

Great news! Walsall Council will be coming to **Bloxwich Academy Primary** to do level 1 and 2 Bikeability training with your children in year **5 and 6**.

- **The Bikeability Level 1 course helps children get more skilled and confident in riding their bikes in the playground and get them ready for cycling on the road. Riders MUST already be able to ride a bike - pedal and freewheel - to participate in this level.**
- **The Bikeability Level 2 course aims to improve riders' skills and confidence for cycling on smaller roads and simple junctions without too much traffic. It prepares riders for cycling on larger and busier roads and more complicated junctions. All the riders will have to show the instructors they can do everything at Bikeability Level 1 before they can go on the roads.**

Each child will require a roadworthy bike, a helmet, suitable clothing for riding a bike outside (e.g. A waterproof coat if it's going to rain, gloves if it is cold) and secure flat shoes/trainers, water, plus other personal requirements e.g. sun cream, inhaler, etc.

Roadworthy condition means both brakes must be working, tyres are pumped up, gears (if present) operate as designed and the chain is properly lubricated. Check [www.bikeability.org.uk/bikeability-training/get-ready](http://www.bikeability.org.uk/bikeability-training/get-ready) for more details.

Bikeability is government-recognised practical and professional training. Cyclists are more skilled and more confident once they have taken part. Pupils enjoy developing their cycle skills and safe cycling knowledge through the training and it also provides important life skills as they grow and develop. The training will be delivered by DBS checked qualified Bikeability instructors. If you want to find out more about Bikeability please visit [www.bikeability.org.uk](http://www.bikeability.org.uk)



Bloxwich Academy Primary  
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**Academy Trust**  
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Bloxwich Academy



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<https://consent.bikeability.org.uk/lying-fit-booth>



**Our training is delivered over two full school days and will take place on:**

**Day One: 16<sup>th</sup> July 2025**

**Day Two: 17<sup>th</sup> July 2025**

Please scan the QR code or visit the web address and fill in the online consent no later than **8<sup>th</sup> July 2025.**

**There are only 24 places, so it is on a first come, first served basis. Pupils must be 10 to participate and all pupils who aren't ten yet will have their sessions next academic year.**

Yours sincerely,

A handwritten signature in black ink, appearing to read 'S. Shepherd', written over a light blue circular stamp.

Ms S. Shepherd



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