Ref: NSSW/BB

13th June 2025

Dear Parents/Carers,



National School Sports Week - Monday 16th to Friday 20th June

We are excited to let you know that next week we will be taking part in National School Sports Week, a week-long initiative led by the Youth Sport Trust, which this year is proudly celebrating 30 years of empowering young people through sport.

This nationwide event brings together school, national sports organisations, families, and communities with one shared goal - to inspire and encourage children to be more active. The focus for this year supports the Always Active Strategy, which promotes incorporating physical activity into every part of the school day. Through this, we aim to help children reach the UK Chief Medical Officers' recommended daily target of 60 minutes of physical activity, or 20 minutes for young people with special educational needs and disabilities (SEND).

To celebrate and take part in this fantastic initiative, we have a week of fun and engaging sporting activities planned.

Monday: Walk/Run the daily mile

Tuesday: Sports for champions event, featuring a visit form elite gymnast Alisha Evanson, who will lead a fitness circuit and share her inspiring journey.

Wednesday & Thursday: A variety of fun sports and activities.

Sports star Friday: Dress up as your favourite sports star- from footballers to fencers, gymnasts to golfers!

Children may come to school in their sports kit each day throughout the week to ensure they're comfortable and ready to get active.

We're really looking forward to a fantastic week that will be both enjoyable and beneficial for the children. Thank you for your continued support in helping us encourage healthy, active lifestyles for all our pupils

Yours sincerely,

Ms S. Shepherd Headteacher

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