



**Curriculum Intent:** Physical Education at Bloxwich Academy provides pupils with an opportunity to participate and explore a wide variety of sporting activities. Pupils will learn how to perform and apply a range of skills within different sporting disciplines. Our curriculum is based on pupils having the opportunity to develop and heighten their skill development in a host of physical activities, giving pupils the opportunity to engage in competitive sporting activities and be well informed on how to lead healthy, active lifestyles and remain physically active beyond the classroom.

**Curriculum Rationale:** Pupils will learn the knowledge they need to be able to perform key skills within a sporting context to enable them to participate successfully within a competitive environment, whilst allowing them to make clear, informed decisions on how to lead a healthy, active lifestyle.

**What makes the Bloxwich experience unique:** Our curriculum focuses on the importance of skill development as a whole and not just sport specific. We will look at the transferrable skills within sports that can be utilised across a range of sporting activities and focus on how to apply them consistently and successfully.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
7	<b>Baseline Testing</b>  <b>Net/wall -</b> (Table tennis, Badminton) <b>HRE -</b> (Fitness) <b>Invasion Games –</b> (Handball, football, basketball, netball))	<b>Net/wall -</b> (Table Tennis) <b>HRE -</b> (Fitness) <b>OAA –</b> Team building activities <b>Invasion Games –</b> (Handball, football, basketball, netball, rugby)	<b>Net/wall -</b> (Table tennis) <b>HRE -</b> (Fitness) <b>Invasion Games –</b> (football, basketball, netball, rugby)	<b>Net/wall -</b> (Table tennis, Badminton) <b>HRE -</b> (Fitness) <b>Invasion Games –</b> (Handball, football, basketball, netball, rugby)	<b>Net/wall -</b> (Badminton) <b>HRE -</b> (Fitness) <b>OAA –</b> Team building activities <b>Invasion Games –</b> (Handball, football, basketball, rugby) <b>Striking &amp; Fielding –</b> (Cricket & Rounders)	<b>Striking &amp; Fielding –</b> (Cricket & Rounders) <b>Athletics –</b> (Throwing, jumping and running events)
8	<b>Net/wall -</b> (Table tennis, Badminton) <b>HRE -</b> (Fitness) <b>Invasion Games –</b> (Handball, football, basketball, netball)	<b>Net/wall -</b> (Table Tennis) <b>HRE -</b> (Fitness) <b>OAA –</b> Team building activities <b>Invasion Games –</b> (Handball, football,	<b>Net/wall -</b> (Table tennis) <b>HRE -</b> (Fitness) <b>Invasion Games –</b> (football, basketball, netball, rugby)	<b>Net/wall -</b> (Table tennis, Badminton) <b>HRE -</b> (Fitness) <b>Invasion Games –</b> (Handball, football, basketball, netball, rugby)	<b>Net/wall -</b> (Badminton) <b>HRE -</b> (Fitness) <b>OAA –</b> Team building activities	<b>Striking &amp; Fielding –</b> (Cricket & Rounders) <b>Athletics –</b> (Throwing, jumping and running events)

		basketball, netball) , rugby)			<b>Invasion Games –</b> (Handball, football, basketball, rugby) <b>Striking &amp; Fielding –</b> (Cricket & Rounders)	
9	<b>Net/wall -</b> (Table tennis, Badminton) <b>HRE -</b> (Fitness) <b>Invasion Games –</b> (Handball, football, basketball, netball))	<b>Net/wall -</b> (Table Tennis) <b>HRE -</b> (Fitness) <b>OAA –</b> Team building activities <b>Invasion Games –</b> (Handball, football, basketball, netball, rugby)	<b>Net/wall -</b> (Table tennis) <b>HRE -</b> (Fitness) <b>Invasion Games –</b> (football, basketball, netball, rugby)	<b>Net/wall -</b> (Table tennis, Badminton) <b>HRE -</b> (Fitness) <b>Invasion Games –</b> (Handball, football, basketball, netball, rugby)	<b>Net/wall -</b> (Badminton) <b>HRE -</b> (Fitness) <b>OAA –</b> Team building activities <b>Invasion Games –</b> (Handball, football, basketball, rugby) <b>Striking &amp; Fielding –</b> (Cricket & Rounders)	<b>Striking &amp; Fielding –</b> (Cricket & Rounders) <b>Athletics –</b> (Throwing, jumping and running events)
10	<b>HRE -</b> (Fitness) <b>Invasion Games –</b> (Handball, football, basketball, netball)	<b>HRE -</b> (Fitness) <b>Invasion Games –</b> (Football, rugby, basketball), handball)	<b>HRE -</b> (Fitness) <b>Invasion Games –</b> (Basketball, netball, handball, football)	<b>HRE -</b> (Fitness) <b>Invasion Games –</b> (Basketball, netball, handball, football)	<b>HRE -</b> (Fitness) <b>Striking &amp; Fielding –</b> (Cricket & Rounders)	<b>Striking &amp; Fielding –</b> (Cricket & Rounders) <b>Invasion Games –</b> (Football, rugby, basketball), handball)
11	<b>HRE -</b> (Fitness) <b>Invasion Games –</b> (Handball, football, basketball, netball)	<b>HRE -</b> (Fitness) <b>Invasion Games –</b> (Football, rugby, basketball), handball)	<b>HRE -</b> (Fitness) <b>Invasion Games –</b> (Basketball, netball, handball, football)	<b>HRE -</b> (Fitness) <b>Invasion Games –</b> (Basketball, netball, handball, football)	<b>HRE -</b> (Fitness) <b>Striking &amp; Fielding –</b> (Cricket & Rounders)	<b>Striking &amp; Fielding –</b> (Cricket & Rounders) <b>Invasion Games –</b> (Football, rugby, basketball), handball)