PHYSICAL EDUCATION

CURRICULUM PROGRESSION MAP

Badminton

Cricket & Rounders

Basketball

Rugby

Outdoor Adventurous Activities

Swimming

Health Related Fitness

Football

Netball

Athletics

Y9

- Combines skills and adapts performance consistently in pressurised competition
- Selects appropriate tactics to bring about change
- Advanced skills used under pressure in competition
- Influences competitive practices using a range of advanced skills
- Chooses appropriate skills consistently

Y8

- Perform techniques consistently specific to the activity
- Combine different body parts in competition
- Outwitting opponents
- Select and combine skills consistently in competiton
- Adapt skills to suit varied situations
- Select and combine skills in isolation

Y7

- Perform skills in direct competition
- Perform techniques specific to the activity
- Demonstrate minimal control
- Perform techniques with some quality and control
- Perform skills in isolation
- Perform skills to a basic level

C - Coaching
H - Health & Fitness
A - Application & Skills
M- Mastery
P - Performance